

The Oak Barn

Restaurant & Bar

À la Carte Menu

STARTERS

~CHEF'S SOUP OF THE DAY~

WITH FRESH CRUSTY BREAD

£4.25

~BAKED FILLET OF RED MULLET~

WITH AN ORANGE & MANGE TOUT SALAD AND CITRUS DRESSING

£6.95

~GREEN PROVENCE SALAD~

COURGETTES, AUBERGINE, PEPPERS, SUNBLUSH TOMATOES
MIXED OLIVES WITH A BASIL DRESSING

£5.95

~HAM HOCK TERRINE~

WITH A HOME MADE PICCALILLI AND CRUSTY BREAD

£5.95

~CRISPY HONEY & ORANGE DUCK SALAD~

WITH WHITE CABBAGE, CARROTS AND SHALLOTS

£6.50

~SMOKED HADDOCK & PARSLEY FISHCAKES~

WITH A WARM CHILLI VELOUTE

£6.75

~BEETROOT CURED SALMON~

WITH HORSERADISH CRÈME FRAICHE & CHINES

£6.95

FRESH BREAD IN A BASKET £1.50

MIXED MARINATED OLIVES £1.95

GARLIC CIABATTA £2.50

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MAIN COURSES

MEAT DISHES

~BREAST OF DUCK~

ROASTED WITH RED WINE, FINISHED WITH BLACK PEPPER,
WILD MUSHROOMS AND CREAM, ON A ROSTI POTATO

£16.50

~PORK AND LAMB WARRANOF~

PAN FRIED MEDALLIONS OF PORK AND LAMB FILLETS WITH A
BRANDY AND BASIL CREAM, WITH STEAMED RICE

£15.95

~PAN FRIED PORK CUTLET~

WITH CARAMELIZED APPLES, CELERIAC MASH AND
AN ENGLISH MUSTARD SAUCE

£13.95

~SUPREME OF CHICKEN~

FILLED WITH GOATS CHEESE & THYME, WRAPPED IN PARMA HAM
ON A BED OF COUS COUS, RED PEPPERS & OLIVES

£13.95

~ROASTED RUMP OF LAMB~

WITH MINI RATATOUILLE, DAUPHINOISE POTATO AND A
LAMB JUS & GARLIC CREAM

£16.25

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FISH DISHES

~ROASTED SKATE WING~

WITH WILTED SPINACH, NEW POTATOES AND A LEMON, SHALLOT,
PARSLEY & CAPER BUTTER

£14.50

~POACHED DARNE OF SALMON~

WITH RUNNER BEANS, TURNED CARROTS, NEW POTATOES & A SORREL CREAM

£13.25

~MOULES FRITES~

MUSSELS COOKED IN WHITE WINE, GARLIC & PARSLEY, SERVED WITH FRIES

£11.95

VEGETARIAN

~TRIO OF STUFFED BAKED VEGETABLES~

AUBERGINES FILLED WITH SHALLOTS PEPPERS AND BREADCRUMBS,
BEEF TOMATO FILLED WITH RICE, PINE NUTS AND
BASIL & COURGETTE FILLED WITH PARMESAN, SHALLOTS AND A HERB CRUST

£11.50

~PAN FRIED GNOCCHI ALLA ROMANA~

TOSSED IN SPRING ONION, ASPARAGUS AND SAGE BUTTER

£9.95

FROM THE GRILL

*6OZ RIBEYE STEAK £13.95

*10OZ RIBEYE STEAK £19.95

*8OZ SIRLOIN STEAK £16.25

(* APPROXIMATE UNCOOKED WEIGHT)

ALL STEAKS SERVED WITH TOMATO, MUSHROOMS AND CHUNKY FRIES

SAUCES

CREAMY PEPPERCORN £1.95

BLUE CHEESE £1.95

GARLIC BUTTER £1.50

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SALADS

~WARM CHICKEN AND FETA CHEESE~

WITH RED ONIONS, RUNNER BEANS,
CHERRY TOMATOES AND KALAMATA OLIVES

£12.95

~BAKED FILLET OF FRESH SALMON SALAD~

ON MIXED LEAVES, TOMATO & CUCUMBER WITH
BÉARNAISE SAUCE AND NEW POTATOES

£12.95

~PAN FRIED GOATS CHEESE AND ASPARAGUS~

CHAR-GRILLED ASPARAGUS, ON CRISP BABY GEM
WITH A WALNUT AND HONEY DRESSING

£11.95

~FRESH WATER MELON & MARINATED MOZZARELLA PEARLS~

WITH MINT, CHERRY TOMATOES
AND CRISP WATERCRESS

£10.95

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DESSERTS

ALL £4.95 UNLESS STATED..

~DUO OF BLUEBERRY AND LEMON CHEESECAKE~
WITH LEMON JELLY

~CARAMEL CRÈME BRULÉE~
WITH CINNAMON SHORTBREAD

~SUMMER FRUIT PUDDING~
WITH FRESH CREAM

~NOUGAT GLACE~
WITH A BLACKCURRANT COULIS

~WHITE AND DARK CHOCOLATE TART~
WITH A CHERRY AND KIRSCH COULIS

~CHEESE BOARD~
A MIX OF 3 SUSSEX CHEESES
WITH BISCUITS, CELERY AND GRAPES
£6.25

~ICE CREAM~
VANILLA WITH VANILLA PODS.
CHOCOLATE WITH CHOCOLATE CHIPS.
STRAWBERRY WITH FRESH STRAWBERRY PIECES.
£4.25

~SORBETS~
LEMON
BLACKCURRANT
£4.25

SELECTION OF COFFEES
FROM £1.80
FRESH FILTER COFFEE
CAPPUCCINO
LATTE
ESPRESSO

LIQUEUR COFFEES £3.95
IRISH (JAMESON WHISKEY).
CALYPSO (TIA MARIA).
SEVILLE (COINTREAU).
BAILEYS COFFEE.